

GUIDE TO 5-9-2019 CMRA RULE BOOK REVISIONS

(Effective immediately)

The following text has been removed from the 2019 CMRA Rule Book

5.2 Rider Equipment

All riders are required to insert the laminated CMRA Medical Information Card in the crown of their helmet and keep it in place at all times. The laminated CMRA Medical Information Card is available free of charge (including multiple copies and replacements or updates) at the racer registration desk at all events.